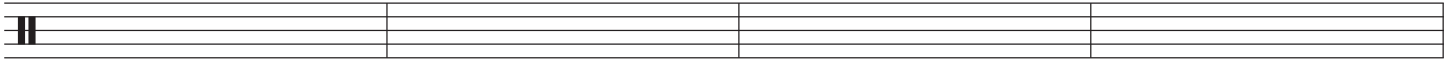
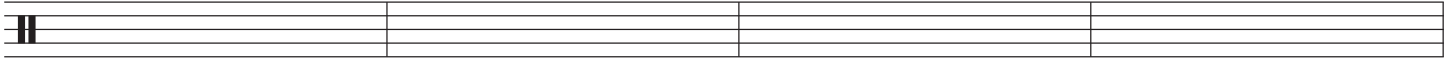


Lesson 6 - The Triplet Grid

Conga Soloing 101 Course Worksheet

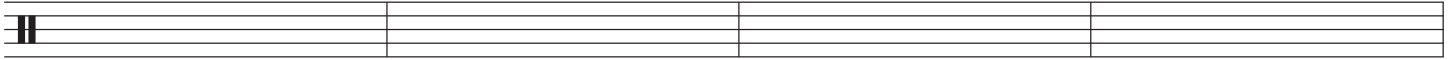
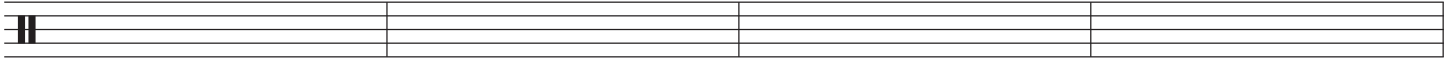
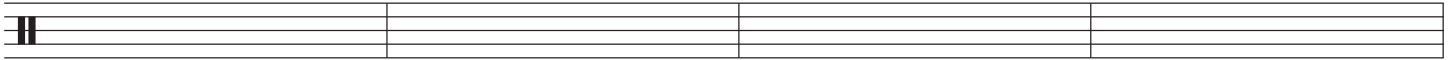
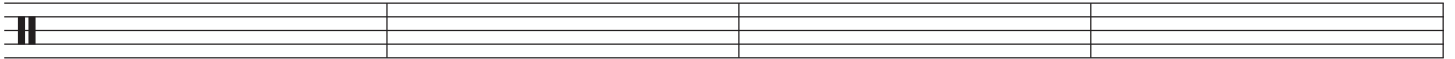
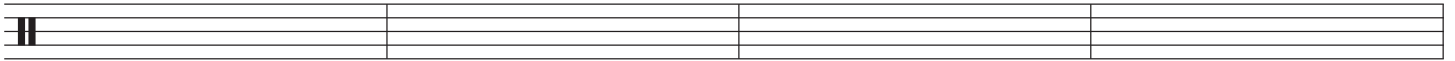
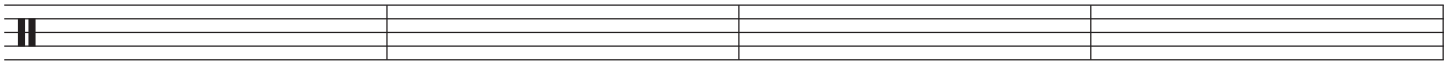
Exercise 1

75bpm | 75bpm Cut Time



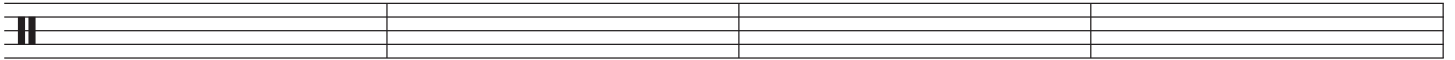
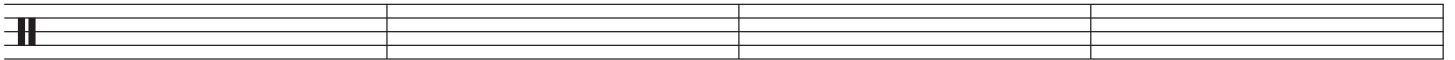
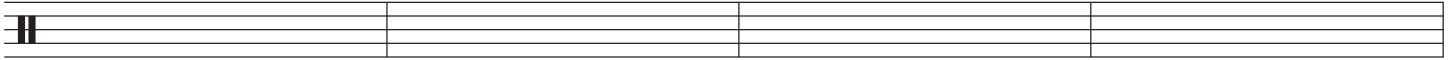
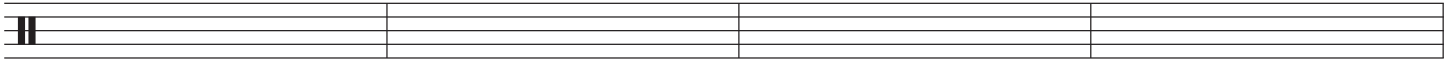
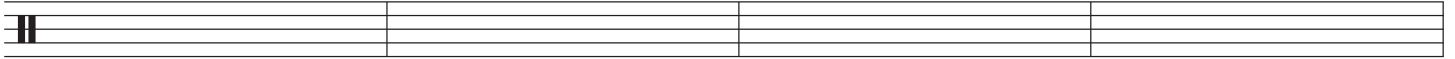
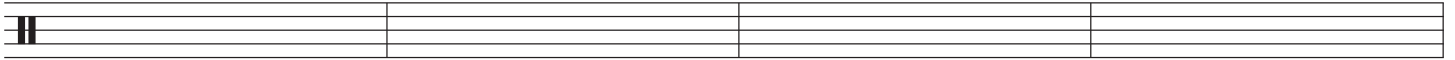
Exercise 2

75bpm



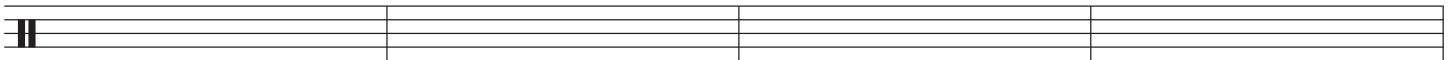
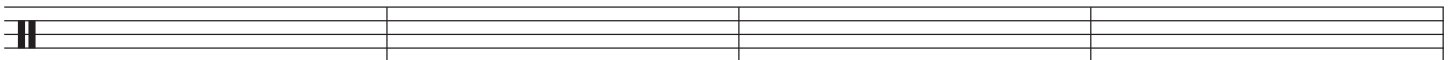
Exercise 3

75bpm



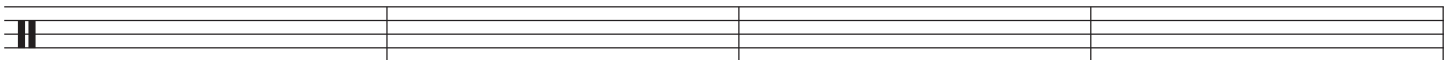
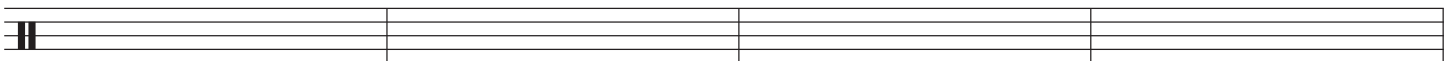
Exercise 4 | 3-2 Clave

75bpm | 100bpm



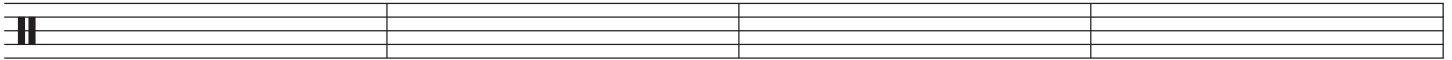
Exercise 5 | 3-2 Clave

75bpm | 100bpm



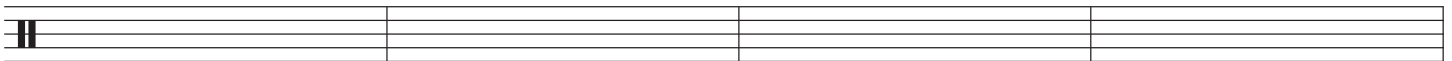
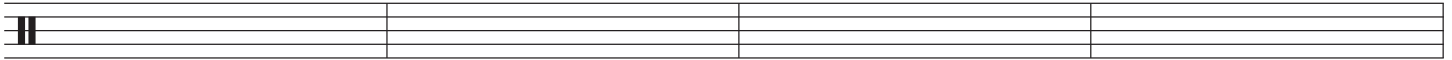
Exercise 6 | 3-2 Clave

75bpm | 100bpm | 120bpm



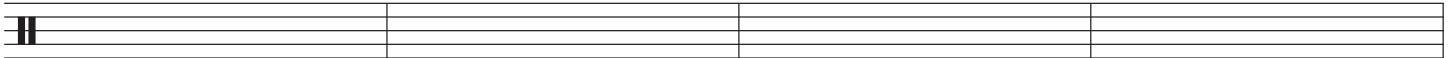
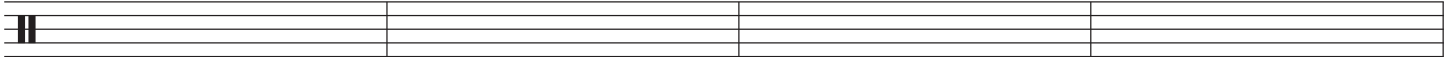
Exercise 7 | 2-3 Clave

75bpm | 100bpm



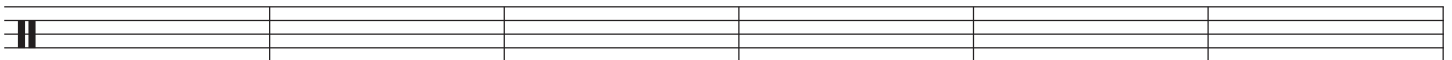
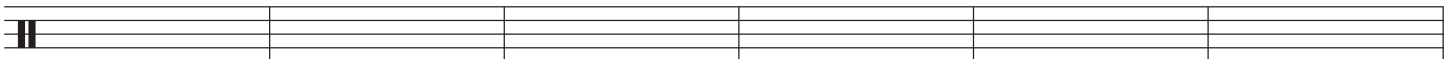
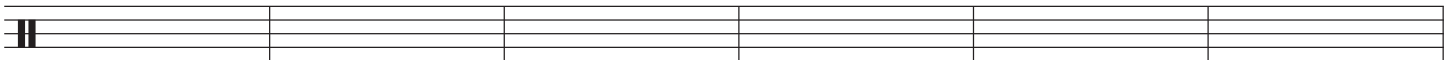
Exercise 8 | 2-3 Clave

75bpm | 100bpm



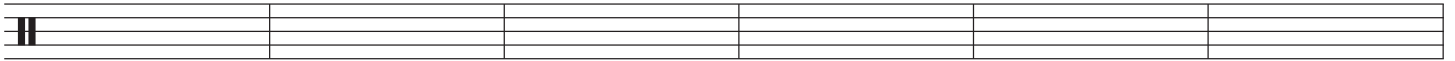
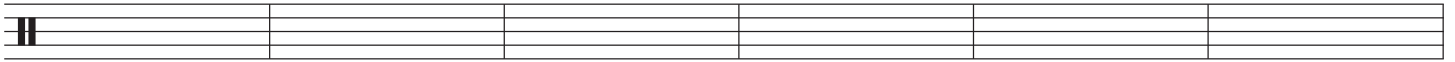
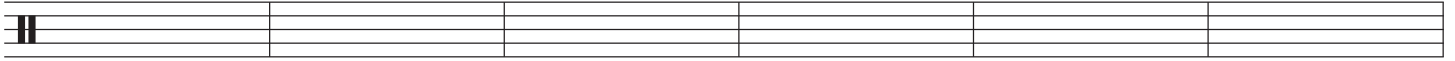
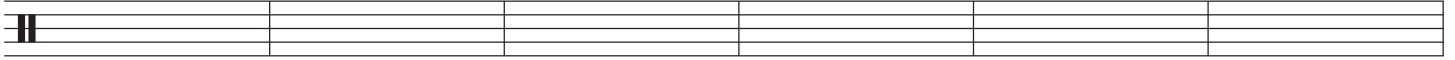
Exercise 9 | 2-3 Clave

100bpm



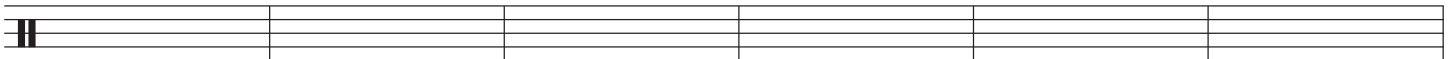
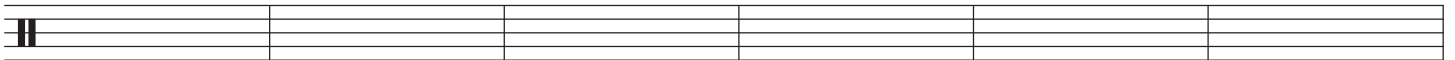
Exercise 10 | 2-3 Clave

100bpm



Exercise 11 | 2-3 Clave

75bpm | 100bpm



Exercise 12 | 2-3 Clave

75bpm | 100bpm

